

November 2018

WHAT YOU THINK, YOU BECOME!

A man is but a product of his thoughts. What he thinks he becomes. Mahatma Gandhi.

A novel written by RK Narayan was made into a film ‘Guide’. The hero of the film, Dev Anand was jailed for a forgery. Circumstances forced him to be a *sadhu* [saint] after he was released from jail. He was forced to behave and so think like a pious man. This turned him internally to a great *sadhu*. Well, you may say, “But, this is only a novel.” Not long ago, Swami Ramdev launched his campaign for preaching *Yoga*. Many of those who attended his morning discourse in the initial days, just sat through the session. Observing this, he asked them to pretend to be doing the *asanas and pranayama* that he taught. And see, now millions of people have started doing this and have become healthy. So, think positive, think good, at least, act like a pious man you will become one!

What you think, you become!

October 2018

CHILDREN, CHILDREN, CHILDREN EVERYWHERE!

If you want real peace in the world, start with children. Mahatma Gandhi.

Yes, start at the starting point. Is not it? We start a race at the starting point. And children are the starting point in any society. So, we must invest in children. Why only peace, just for anything, children are the starting point. Must we preach them, teach them, mould them, do whatever it requires, and the world will be at peace!!

So, teach your children first. Preach them to be at peace with themselves first and at peace with their friends and with relatives and with the environment. Then, they will make the world peaceful, now and later!

So, you see, it is Children, Children, Children Everywhere!

September 2018

THINK HOW TO THINK!

Those who know how to think, need no teachers. Mahatma Gandhi.

If you tell and explain the subject you teach, you will be known as a good teacher! You may be called a superior teacher if you demonstrate in addition to explaining the things. But, if you can inspire your students so that they know how to think and find solutions to the problems not only on the subject you teach but also to the life, you will be honoured as a great teacher!!

So, teach your students on 'how to think'. Then, they will need no teacher in their life!

Think, how to Think!

August 2018

REMEMBER, YOU ARE NOT FAULTLESS!

I look only to the good qualities of men. Not being faultless myself, I won't presume to probe into the faults of others. Mahatma Gandhi.

I have many faults! Yes, I have good qualities too. But, I admit I have faults. And they are many. Since I am not faultless myself, why should I probe into the faults of my child, my wife, my husband, my

I pledge to look only to the good qualities of others. Right, only [yes, only] to the good qualities of others! God help me do that!

I am not faultless, and so are others. So, I shall concentrate on the positives! Let the other person analyse, identify where has he gone wrong and rectify

The positives, the good in others, please!

July 2018

DO GOOD AND SO WILL YOU BECOME!

As you act and conduct yourself, so will you become. Do good and you will become good. Do bad and you will become bad.

Who wants to be a Devil? So, do good and become a good person!

The doer of good becomes good!

June 2018

IT IS LOVE FOR YOUR CHILD, THAT IS ETERNAL! EMBRACE IT!

Scene One: [the curtain is raised] You are standing in front of a child. You have a stern voice. You give orders. The child obeys you. The child obeys you for fear of punishment! You are all powerful. You scold the child. The child knows you are powerful. So, the child obeys. The child obeys out of fear.

Scene Two: [the curtain is raised] You are standing in front of a child. You bestow love. You shower affection. The child obeys you. The child loves you. The child loves you forever!

Power based on love is a thousand times more effective and permanent than the one derived from fear of punishment! This is what Gandhiji has taught us!

Love your child and last forever!

May 2018

LEARN, LEARN AND LEARN! IT IS NEVER ENDING!

I have completed my graduation. I have finished my post-graduation. I have already earned my PhD. I have got a job now. I am married. I have children. I have grown old. Is there a need to learn further! Oh! I am through! No more, no more, no more.

But, remember the teachings of Mahatma Gandhi: Live as if you were to die tomorrow. Learn as if you were to live forever.

Yes, do good – as if you were to die next moment. Do good so that you shall be remembered. And, there is no end to learning. Learn, learn and learn!

Learn as if you were to live forever!

April 2018

HE IS THE MAN, AND NO ONE ELSE!

Someone wants to meet us, we give appointment. The individual arrives at the appointed time. We are not free. We keep him waiting. Then, when we meet him after a long wait, the phone or the mobile rings. We immediately attend to the call. As soon as the call has ended, someone comes in and we attend to him. Then, the clerk brings the cheque, we are busy signing the cheque. The man is kept waiting. And such stories are never ending, day in and day out. It is not restricted to a few individuals. May be, they are in majority.

Instead,

Make him feel as if he is the only person on the earth that you would like to talk to at that moment.

Yes, He is the Man [or Woman], and no one else!

March 2018

IT IS A DIFFERENT WORLD, EMBRACE IT!

The evolution of the internet, the mobile, the e-revolution and many such developments have taken the world by storm. If you do not use them, you are illiterate! In fact, many of us, the older generation, are! We, many times, ask our grandchildren to help when we get stuck using these devices.

So, no doubt, the new generation is savvier with the e-thing than the old generation. Let us take advantage of this situation. Enthuse the young students with e-books, computer-based learning, project-based learning such that they learn while learning in schools and colleges!

And my dear students, be sensitive to the current developments and be one among the many!

It is a different world! Embrace it, lest we perish!

February 2018

UNLEARN AND RELEARN!

When we talk of a New India, we must understand one thing. The world is changing. And it is changing fast. Old standards are becoming obsolete. New technology is taking its place. Look at any item that we used few years back. They have vanished. The landline telephone was a prized possession once upon a time. Then, it became a common thing. Almost each family owned one. Now, every individual possesses a mobile phone. There was a desktop computer. There was floppy disk. Then came the CD and DVD. Now it is pen drive. The other things have vanished.

So is the case with the education system. Many lessons are available in the internet. And all these are by renowned faculty. And they are free or almost free. So, our classroom should change. We must forget about the present way of chalk and black-board method of teaching. And we must relearn the innovative way of teaching which will take over the present classrooms in near future. We must start our preparations for the change, lest we shall be left behind.

Unlearn, we must! And Relearn!!

January 2018

CHARACTER, CHARACTER AND CHARACTER!

New India 2022! A dream of one individual? Will it succeed if it remains the dream of one person? To make it happen, every Indian must dream of a New India! And, for our dreams to come true, must we pump in culture, commitment and competence into it!

It is Character, Character and Character all the way. We must listen to our conscience for conscience is universal. Your conscience will ask you to do the same thing as that of mine. So, build a conscience based culture. That will automatically lead us to character, commitment and competence!

So, Dream of a New India! And it is Character, Character and Character all the way! Listen to your Conscience!

December 2017

AND TRANSFORM WE MUST!

The last and equally important in the ‘Reform, Perform, Transform!’ call of the Prime Minister is ‘Transform!’ This is linked to your competency!

We must build our competency to transform the society, the work place, the industry, the institution. Unless each link in the chain of ‘Reform, Perform, Transform’ is equally strong, equally committed, equally competent, the world will not see the transformation it aims at. So, become competent. Have a Positive Attitude! Learn the Skill, Gain the Knowledge (ASK).

Just remember, to transform; we must build competence. So, attitude (value), skill and knowledge are the three arms for making the Prime Minister’s dream and the Nation’s development come true.

So, become competent, transform we must!

November 2017

PERFORM, PERFORM AND PERFORM!

“Reform, Perform, Transform!” and we talked about Reform last month. Reform sets a long term vision, a goal, a target to achieve, a culture to be built, values a Nation must have

Let us now talk of ‘Perform!’ it is the commitment. The vision must be achieved. It can be achieved when and only when we commit ourselves to it, we put in our efforts to achieve this goal. It talks of short-term goals. While reform is the path you must follow, perform is the end of this path that you must reach. It is the fruit one must reap!

So, Perform, perform and perform!

October 2017

REFORM, PERFORM, TRANSFORM!

‘IF YOU CHANGE NOTHING, WILL THINGS CHANGE?’ - This is what we talked about last month. And this brings me to the Prime Minister’s call, “Reform, Perform, Transform!”

We can link each of the three acts to the three actions: Culture (Values), Commitment and Competence! Reform can be achieved by creating a culture and strengthening one that we have, provided it is a positive one!

It is long term. It is the vision. This has an effect on the society, the Nation, the Peoples. Question everything. Change them. Draw up new standards. Things were valid then. They are obsolete now. Draw up new standards.

Modernize teaching methods. Invent creative teaching methods. Use the vast knowledge available in the net. Contribute and enrich the net. Give more to students while reducing the consumption of resources. We must change. We must force the old system to change!

Let us Reform!

September 2017

IF YOU CHANGE NOTHING, WILL THINGS CHANGE?

Well, should things change? Oh! No. I am comfortable with status quo! If things are as they were, I have not to struggle. I can have a peaceful life! I can lay back and enjoy!!

Have things changed? Oh! Yes. And the changes have brought in prosperity and comfort. For an example, see, we cannot spend a moment without the mobile phone!

So, if we do not prepare ourselves to adapt to change, we shall become obsolete, we shall be a misfit in the times that we live. And if we decide to be a vehicle to change, changes will occur. These changes can transform the society, the nation, the world! So, develop an appetite for change. Be the change you want to be! And always ask this question

If I Change Nothing, Will Things Change?

August 2017

GUARD YOUR TONE!

What we say is important! But, how we say it, is more important. We can hurt or please someone by our utterances! The same thing can be spoken in different tones, different manners. Now, it can be sweet, and next, it can be harsh!

Tone is applicable for both modes of communications ‘written’ as well as ‘spoken’. Writing skill, and tone of voice are very powerful means to help our stakeholders respond with positivity. This is not just for salesmen or marketing personnel: it is equally important for the administrator, the teacher, the non-teaching staff and beyond.

So, guard your tone!

July 2017

BUILD A RECOGNITION CULTURE!

Count the number of times you say ‘Thank You’ (well, from the bottom of your heart!) everyday. Count the number of times you have caught someone doing things right today. Count the number of times you have praised people during the day today!

Make every simple form of recognition contagious – like wearing a smile, friendly handshake, a warm hug to your son, daughter, spouse, friend, whoever

Do this and others will follow.

This is how we can build a recognition culture!

June 2017

BE IMPERSONAL!

The other day we talked about the ‘Hot Stove Rule’. It teaches us about another important lesson. It is impersonal. When you touch a hot stove, it burns your fingers. When I touch it, it burns my fingers; when a strongman touches it, his fingers get burnt; when a weak person touches it, he too is not spared. So, it treats everyone the same way. Personal favoritism has to be avoided in running of an institution.

Be Impersonal

BE CONSISTENT!

Consistency in our approach is important. This is one of the principles of the 'Hot Stove Rule'. When you touch a hot stove, it burns your fingers. And it does burn your fingers every time you do it. So, it is consistent. We must be consistent in our behaviour.

One parent praises or reprimands for a behaviour and the other ignores, or worst still, does the opposite; one teacher praises the student for a behaviour and another says, "What is great about it?" What will the child or the student do? Children crave for consistency. They crave for the stability, reliability and dependability that comes with consistency. It creates trust. It promotes positive behaviour.

Be consistent, not only as an individual but institution wide

April 2017

DECLARE YOUR INTENTION PUBLICLY!

It is always better to pronounce your intention to achieve something.

When you announce that you wish to aim at achieving something great, there is a pressure on you, an external pressure, to work hard and realise the goal

Fear not, shy not out, be bold and announce, howsoever difficult the target might be!

Go ahead, Declare your intention publicly!

March 2017

SAY-DO-GAP!

What we do and what we say are closely linked. Let us imagine a situation where there is a gap between what we say and what we do! We say someone not to indulge in smoking but, we ourselves smoke! What happens! No one will heed to what we say. People will follow what we do. This is true for all situations. To close the say-do-gap is extremely necessary for leaders, parents, teachers

So, do not have a gap in what you say and what you do!

February 2017

HAVE A DEADLINE!

Deadlines force us to work in such a way that we aim at completing the assignment in time. We invariably meet the deadline! Imagine a situation, where there is no target date. What happens in such an event? We work at will. Sometimes, such assignments never get completed! Open-ended activities having no time frame for their completion, take a back seat.

With deadlines, we are focused. We are disciplined. We work to achieve the goal. It creates a sense of urgency in us. When we meet the deadline, it gives us a sense of fulfilment!

So, have a deadline!

January 2017

FEAR MAGNIFIED, FEAR GLORIFIED!

Dreams we dream! We wish them come true! But, do you know, it is the fear, yes, fear of failure that has killed many of our dreams before they had a chance of being launched! Fear breeds in us reasons for our inability to do something we are, in fact, capable of! Fear of failure robs us of our chance of success! We magnify our fears more than we do our abilities – just remember, you are more capable than you think you are!

So, shun fear. Do not magnify fear ... do not glorify fear! Give yourself a try! Your dream, every dream will come true! Yes, you have the capability!

December 2016

EXCUSES, EXCUSES, EXCUSES AND MORE EXCUSES!

We are quite creative when it comes to making excuses! We can often find excuses more easily rather than reasons why we need to do something. They can range from not having enough time to the stars not being correctly aligned. Many-a-times, we fail because someone else did not do his/ her part of the job. Invariably, it is ‘the other person’ to be blamed. Or is it fear, anxiety, uncertainty of mind or just plain laziness? Sometimes, it feels easier and safer not to do anything at all than tackling what needs to be taken care of. Whatever the case, they (the excuses) paralyse us.

**Excuses, excuses, excuses and more excuses and more and more
excuses! These will kill us. Arise! give them up!**

November 2016

REMEMBER, EVERY ACT OF OURS SENDS A MESSAGE!

Ishikawa propagated Ishikawa Diagram. It is also known as Fishbone Diagram or Cause and Effect Diagram. Every effect has one or more causes or every cause leads to an effect. What we do, therefore, sends a message. More important is what we do rather than what we say. Even a child observes what we do. No matter what we preach, he is influenced by our deeds. Just remember, everything that you do, or for that matter, something that you are supposed to do and you do not do, sends messages to the environment you are surrounded with. Just do what is just. The effect will be positive and pleasant.

Let us remember, every act or omission of ours sends a message!

October 2016

MAKE MISTAKES, MAKE MORE MISTAKES!

Yes, make mistakes, make more mistakes and yet again, make mistakes and make more mistakes! It does not end at that. Celebrate mistakes, learn to appreciate the individual who makes mistakes, reward one who makes a mistake! Yes, it is not easy, but, that is the key to progress. Thomas Edison made 10,000 mistakes to invent the light bulb and make his dream of converting night into day come true!

But, just remember, it must be a new mistake each time!

Let us make mistakes and make more and more mistakes!

September 2016

LET US BE BETTER THAN THE BEST!

I have a dream: To Be Better Than The Best! Make it your dream! Let us aim to be better than the best in the field we are in!

Having aimed to be better than the best, we have to achieve it. And to achieve it one mantra is to give the most of you to it. Well, more than the most. Have you observed one phenomenon? When we boil water, it is water till it reaches 99°C. It is water even when it reaches 99.1°C. Yet again, it is water when it reaches 99.5°C. It still is water even when it reaches a temperature of 99.99...°C. But, what happens when it reaches 100°C? Steam..... yes, it gets converted to steam. And who does not know the Power of Steam? It (steam engine) can haul thousands of kilograms of load, and with ease! But, water even at 99.99...°C cannot.

So, give your 100%. Remember: 100°C does the trick. At this level of performance, no one can stop you from being better than the best!

Let us have a dream to be Better Than The Best!

August 2016

NEVER-EVER-SAY-DIE!

No matter what you are born with genetically; it is practice, practice, practice and practice that really matters. As important as that, it is an attitude to win, to be a champion, to excel. That, in fact, defines your success! So, remember, hard work, discipline and will to win will see you at the top!

Hunger to win and the never-say-die spirit will make you special

So, remember, you are special and can remain that as long as you wish and will.

Just, Never-Ever-Say-Die

July 2016

YES, YOU CAN MOULD HER TO BE A CHAMPION!

It is more than the genes that you, as parents, pass on to your baby! And remember, the gene that you pass on is not what God has given you. You can improve upon before you pass it on to the child to be! If you have missed it, you can still make up by early nurturing. If you have missed that too and your child is now in the college, you can still bring out the best in her.

As parents, you must build a support system that will mould your kid into a champion! Remember, with your support, your child's dreams will grow wings! So, support her in growing the wings of success. Go ahead, help her become a Champion

Yes, You Can Mould Her To Be A Champion

June 2016

GET RID OF A MYTH!

How many times have we heard people saying, “Oh! This can’t be done. It has never ever been done this way. We have been doing it that way all through. Don’t try to teach us!”

Had people been saying this, there would not have been growth. You must get rid of the myth: This can’t be done. Just try it out. Do not get disheartened by one failure. Thomas Edison failed a 10000 times to bring daylight during night when he invented the light bulb in his next attempt!

This can’t be done is a myth.

Get rid of the myth

May 2016

NOTHING IS OUT OF SYLLABUS!

There is a teacher to teach you in a school or a college. You will find a class or a section in the school/ college. But when it comes to the school of the real life, there are no classes, no sections and no teachers. And there are no month long holidays. You have to live every moment by yourself. You will be evaluated and judged for every act of yours. And remember, you are on your own, there will be no teachers to hand hold.

The teachers also must remember this. They will not be around to guide their students when they grow up and enter the life school. So, it is your bounden duty to teach your prodigies the art of life science. Nothing will be out of syllabus, then. So, teach all the things which are out of syllabus.

Teachers: Teach everything that will be useful when your student enters the school of life.

Students: Learn everything that you think are out of syllabus.

Nothing is out of syllabus

April 2016

BE THE THREAD GATHERER, WILL YOU?

Many good ideas are generated from random thoughts. Solutions to problems, many times, are hidden in those random thoughts, even absurd looking dreams. Similarly, many ideas slip away or go unnoticed during a discussion on an issue. Solutions to problem may come from these uncaptured ideas.

So, it is worthwhile to assign the job of ‘thread gatherer’ to someone (or even more than one) who is alert all the time catching the thread (noting down stray thoughts that may be lost otherwise).

Well, the thread gatherer’s job is to listen intently and note down all good ideas before such ideas evaporate.

Be the thread gatherer, will you

March 2016

NOOSE THE NOISE!

“O maa! Why are they making so much of noise?” says the child in the womb of her mother. ‘Horn Please’, it is seen written behind the back of a truck, any truck ... only in our country. Go to any other country, be it the USA, Canada, European countries, Singapore, Hong Kong, China, Japan, Australia,, name a country and you will find vehicles blowing horns only in extreme emergency, repeat, extreme emergency. We in our country, perhaps find pleasure in blowing horn while driving. Or maybe, we are not aware of its ill effects

Shall we! Shall we decide to follow traffic rules so that it will not be necessary to blow horn while driving a vehicle!! Just do it and you will find how soothing the surrounding will be!!! Shall we make a little less noise for the child in the womb to be a little more comfortable!!!! Shall we

Noose The Noise

February 2016

BE THE CHANGE!

Is it our character to flout rules? Whenever a rule is framed must I find out a loophole in it and break it! Lest, I shall be laughed at! “Oh! What a foolish individual, has no guts” – People will say. Besides, I have to prove that I am more intelligent than the rule framers, so I must flout rules ensuring at the same time that I am not caught! I must cross the railway crossing when the level crossing is closed, I must break the queue at the petrol pump, why shall I form a queue in a book shop? Is this the attitude we have? Do we approve of this?

Definitely not! We do not tolerate the same behaviour in others.

Can I be the change? Shall I be the change? Must I be the change? Yes, I shall change the National Character. I shall start with me. I shall abide by the rules. I shall be the change!

Be the Change

January 2016

TALK THE TALK

‘Educate a girl child’ and we are educating the whole family. When the girl child goes to school, she is equipped with knowledge, skill and attitude to understand the benefits of education. Educated mothers are, thus, more likely to give education and imbibe values and ethics in their children. This will lead to a healthy body and an intelligent mind.

Investing in a girl’s education is investing in a Nation! Bhilai Mahila Mahavidyalaya is the outcome of such a move.

We invite one and all to support this cause as best as they can....

Join the movement

Talk the Talk

December 2015

WALK YOUR TALK

What do we really understand by the phrase ‘Walk the talk’? By definition, it means that our actions show and match with what we say. Each one of us is a leader. A leader must set the tone. He/ she must create an appropriate environment. This is done by our actions. That will show the path to all our followers and guide them.

We must ask ourselves as to what our walk (deeds) and talk (utterances) convey! Do we do what we say or preach!! Let us ask our conscience if we are doing the right things!!!

As an inspirational leader, we must walk the values we believe in.....

Walk your talk.....

November 2015

DREAM THE DREAMS!

Mankind is far from the stage of maturity that is needed for peace and harmony. Education is one of the ways to raise mankind! In fact, education can be regarded as the best foot forward for reconstructing the future of this world that is full of conflict today.

As children, we were all gifted! We dreamt big! We thought, we could live by our dreams! But, the environment, the society systematically killed these 'dream-big, think-big' culture. Arise and dream big again. Trade in the world of fantasy as you did in your childhood!

Get wild ideas, the wilder the better. And be creative again. That is real education.....

Dream your dreams.....